

OTC Savings Drug List

Because many medications are available over the counter (OTC), your plan doesn't cover certain prescription allergy treatment drugs and stomach disorder drugs that have OTC alternatives unless you meet the conditions listed below.

OTC drugs cost significantly less than their prescription alternatives, but can be as effective. And you can purchase them without a prescription.

The chart below shows you available OTC alternatives to prescription drugs and drug categories your plan doesn't cover.

Nonsedating Antihistamines (NSAs)

Prescription Drugs

Clarinex tablets	Clarinex-D tablets	desloratadine
------------------	--------------------	---------------

OTC Alternatives

Alavert D tablets	Claritin – all products	loratadine – all products
Alavert tablets	fexofenadine	Xyzal
Allegra – all products	fexofenadine/pseudoephedrine ER	Zyrtec – all products
cetirizine – all products	levocetirizine	

Histamine H2 Blockers (H2s)

Prescription Drugs

cimetidine ¹	nizatidine ¹
famotidine ¹	Pepcid ¹

OTC Alternatives

cimetidine tablets	Pepcid AC tablets	Tagamet HB tablets
famotidine tablets	Pepcid Complete tablets	Zantac 360

Proton Pump Inhibitors (PPIs)

Prescription Drugs

Dexilant ²	Nexium ²	Prilosec ²
dexlansoprazole	omeprazole ²	Protonix ²
esomeprazole magnesium ²	pantoprazole ²	rabeprazole ²
lansoprazole ²	Prevacid ²	

OTC Alternatives

esomeprazole magnesium capsules	omeprazole capsules	Prevacid 24HR
lansoprazole capsules	omeprazole tablets	Prilosec OTC
Nexium 24HR	omeprazole-sodium bicarb	Zegerid OTC

Intranasal Steroids (INS)

Prescription Drugs

flunisolide nasal spray

fluticasone nasal spray

mometasone nasal spray

OTC Alternatives

budesonide nasal spray

Flonase Senimist

Nasacort Allergy 24 HR

Flonase Allergy Relief

fluticasone nasal spray

triamcinolone nasal spray

Ophthalmic Antihistamines

Prescription Drugs

azelastine

epinastine

OTC Alternatives

Alaway

Naphcon-A

Pataday

ketotifen eye drops

Opcon-A

Visine Eye Allergy Relief

Lastacaft

olopatadine eye drops

Zaditor

Legend

¹Covered for ages 18 and under

²Covered for ages 18 and under and for ages 19 and over if one of the following Prior Authorization criteria are met:

- Grade III Erosive Esophagitis confirmed by endoscopy (circumferential erosions covered by hemorrhagic and pseudomembranous exudates)
- Grade IV Erosive Esophagitis confirmed by biopsy (presence of chronic complications such as deep ulcers, strictures, or Barrett's metaplasia)
- Zollinger-Ellison syndrome confirmed by a diagnostic test (such as fasting serum gastrin, basal 1 hour acid output, secretion stimulation test)

This list may change throughout the year. Please call us at the Member Service number on the back of your Member ID card or visit our **bcbst.com** for the most up-to-date information.

